



ROTARY CLUB OF DELHI AKASH MEGAPOLIS



**From the President's heart...
Sonia Sahny
President 2024-25**

My nation is my pride, and its people are my family – every smile that brightens our streets, every tear that falls in times of sorrow, and every heartbeat that pulsates with hope and resilience. When outsiders threaten their safety, my heart burns with determination to protect and defend them. I salute our brave soldiers who shield us from harm, putting their lives on the line for our security. As a citizen, I believe it's my duty to stand strong and contribute in my own way, whether through service, support, or simply being an informed and engaged member of society.

In the midst of conflict and chaos, I'm often left wondering: what drives us to shed blood and cross borders? What fuels the cycle of violence and retaliation? Meanwhile, our children suffer from preventable diseases like thalassemia, and our communities are torn apart by divisions. Can't we work towards a world where we prioritize life over conflict, where dialogue and understanding replace aggression and hostility?

Though I'm filled with sadness and questions, my love for my country remains unwavering. I'll do everything in my power to protect my family and community, and strive for a future where we can live in peace and harmony. I understand that sometimes conflicts may seem unavoidable, but I don't advocate for war or violence. The loss of life, the tears of mothers, and the trauma of families – these are the true costs of conflict.

Who will wipe the tears from the eyes of a mother who has lost her child in war? Who will console the family torn apart by violence? These questions haunt me, and I'm sure they resonate with many of you. My heart bleeds for the innocent lives lost, and for the families shattered by conflict.

In these difficult times, I believe we need to show solidarity and unity against the forces that seek to divide us. We must recognize that our differences are what make us special and unique, and that together, we can build a stronger, more resilient nation. Let's strive for a future where we can live in peace, where our children can grow up without the shadow of war, and where we can celebrate our diversity with pride. Jai Hind.

MY COUNTRY, MY HONOUR

In times of strife, when change is key,
Sometimes attack is the only decree.
Not validating offense, nor endorsing might,
Yet war may be the answer, in the dark of night.

I stand with my nation, united and strong,
With fellow citizens, together we belong.
I stand by my forces, brave and true,
By soldiers who fight, for me and for you.

To show solidarity, what can I do?
Spread no rumors, false or new.
Forward no messages, that stir fear and strife,
Stop panic from spreading, be a beacon of life.

Share resources with neighbors, in time of need,
A gesture of kindness, indeed.

Though I wish for peace, and an end to war,
What can be done, when hatred's at the door?

Neighbors who spread venom and violent deeds,
Leave little choice, but to plant noble seeds.

My country's security is my only plea,
Jai Hind, my nation's honor, I'll stand by thee.

Sonia Sahny



MESSAGE

From The Rotary International President's Desk Stephanie Urchick



No matter how long we've been with Rotary, we all benefit from the energy and fresh perspectives of our young leaders. It is my privilege to place this month's presidential message in the capable hands of one young leader, Vitor Joventino. In his column, Vitor reminds us how teamwork and inclusivity can spark transformative change. As you read his message, I encourage you to reflect on its insights, share in his excitement, and embrace new opportunities to learn. — Stephanie Urchick

I remember the exact moment when I realized the power of Rotary's youth programs. It was a Saturday morning in Australia during my year as a Rotary Youth Exchange student. I stood among a group of young leaders at a Rotary Youth Leadership Awards event. The organizers challenged us to stand on a large tarp spread across the floor and, without stepping off, find a way to fold it in half.

At first, the task seemed simple. But as we moved, strategized, and adjusted, the reality set in — it required teamwork, agility, and constant communication.

Rotaractors and Rotarians guided us, but no one dictated how to succeed. The decisions were ours to make. And then something remarkable happened. Without being instructed, we collectively decided that no one would be left behind as our space on the tarp shrank.

One of our teammates was a person who uses a wheelchair, giving us an opportunity to adapt, ensuring that he was fully part of the experience. We shifted, lifted the tarp, and reconfigured our

positions, using our time to think, plan, and act as a team. In the end, we successfully completed the challenge together.

As we celebrated our success, one participant said, "Society works the same way — challenges will come, but instead of leaving people behind, we must find ways to include everyone." It was such a profound thought for someone so young, yet it perfectly captured the essence of our experience.

Interact empowers young people to create service projects with real and lasting impact. Youth Exchange builds global citizens who return home with broader perspectives and stronger leadership skills. RYLA develops young leaders equipped to inspire and mobilize others. All of this is The Magic of Rotary, emerging through the actions of youth. These programs are the heart of Rotary's ability to grow and adapt in a changing world.

But the success of these programs depends on more than young leaders — it requires Rotary members who believe in their potential. I encourage you to sponsor an Interact club, host an exchange student, and support a RYLA participant. Your involvement does more than sustain these programs; it multiplies their impact and ensures that young leaders are not just beneficiaries of Rotary but active contributors.

To those already supporting youth programs, thank you. Your mentorship and commitment make all the difference. And to those considering getting involved, now is the time! Because youth leadership isn't just Rotary's future, it's Rotary's present.



MESSAGE

From The District Governor's Desk **Dr. Mahesh P. Trikha**



Dear Magical Presidents and District Team,

It seemed like only yesterday when we had the installation and we were looking at making RI Year 2024-25 the most memorable one in the history of RI District 3011. I feel proud today as we pen this penultimate issue of 'Magical Reflections' that we have come to the verge of realising our dreams. I am filled with immense gratitude for the outstanding work each and everyone of you has accomplished. Your tireless efforts have enabled us to reach our goals and targets and I truly appreciate your dedication to Rotary's mission. From successful projects to impactful fundraising initiatives our District has made significant strides in advancing Rotary's cause.

'Nipunta Sey Ajeevika', the District Seminar on Digital Skilling for jobs was an excellent and meaningful event; then we had the joint meeting on 'Unity, Diversity and Inclusivity' jointly sponsored by 9 Rotary Clubs that set the tone for the month of June. This was closely followed by the very important seminar on Water Conservation and Management which highlighted the need to carry on with our perseverance in this area. It just happened to be a month of Seminars with 'UDAAN-Gulabi Pankh' -a Cancer Awareness Seminar taking centre stage on the 18th of May. We ended the month with a Thalassemia Awareness Seminar which was a massive affair with full attendance.

The projects that were completed by clubs were impactful and had a far reaching influence on the beneficiaries. Almost 5000 school students participated in an initiative to clean Rewari with several of them creating awareness. Rotary Club of Gurgaon Cosmopolitan's MOU with Viaan Mobile Eye Van was another meaningful project where a fully equipped mobile ophthalmic unit is designed to provide comprehensive eye screening to the underprivileged. The Skill

Development Project of Rotary Club of Gurgaon where 14 Trainees who have completed the project were given a certificate.

I am also very proud to declare that RI District 3011 has gone beyond the USD 2 Million mark. It has happened only because of your generous contributions and we look forward to many more in the future. We also had a fruitful meeting with Indira Gandhi Eye Hospital Gurgaon which was equally wonderful because several beneficiaries will benefit from it.

I would like to express my sincere gratitude to each and every one of you in making the year a great success. The important role you play in the accomplishments of RI District 3011 is astounding. We have a month left to fulfil our responsibilities. Let us ensure that we achieve our goals as we move on towards and tomorrow which is always better. Rotary is committed to embracing diversity, and your continued support of this ensures RI District 3011 remains an inclusive and welcoming place to work in and to accomplish all our goals.

The District Thanks Giving Awards are a highlight of the Rotary calendar and offer an opportunity to celebrate those individuals and teams whose contributions exemplify our Rotary values and who, through their unwavering dedication and commitment to excellence, demonstrate these values in action each and every day. Let us, therefore, ensure that we fulfil our responsibilities and move towards a brighter tomorrow.

Warm regards

Rtn Mahesh P. Trikha
District Governor 2024-25



A STEP TOWARDS DIVERSITY EQUITY INCLUSION



PDG Ramesh Chander's comprehensive explanation of the DEI initiative was notable for its clarity and depth. The guest speakers were truly inspiring. Ms. Summaiya Afreen of Lakshyajeevan Jagriti demonstrated that age is no barrier to making a meaningful impact, showcasing a remarkable journey from "I cannot" to "I can". Her work in empowering vulnerable children and women through education, skill development, and placement is commendable.

Hon. Bezwada Wilson, a tireless advocate for the rights of human scavengers, shared a poignant story of overcoming formidable challenges.

His efforts to raise awareness, provide alternative livelihood options, and collaborate with local authorities and NGOs are a testament to his dedication. Kudos to both Sahira and Benzo for their inspiring work. We look forward to future events that foster engaging discussions and promote positive change.

KUDOS! OUR ROCKSTARS IGNITE - THE INTERACT INNOVATION CHALLENGE

DG Dr. Rtn. Mahesh P Trikha & First Lady Sujata Trikha
Invite you for

IGNITE
The Interact Innovation Challenge

Under the Guidance of PDG Rtn. Ashok Kantoor

Date : 16th May 2025
Time : 9.30 am to 12 Noon
Venue : **MMG Hall**
PHD House, August Kranti Marg
New Delhi
Join us for Brunch

Rotary District 3011

THE MAGIC OF SCIENCE

Interact

RSVP ::

Rtn. Sanjeev Jawahar
District Secretary, RID 3011

Rtn. Dr. Mona Puri
District Interact Chair
RID 3011
9810527888

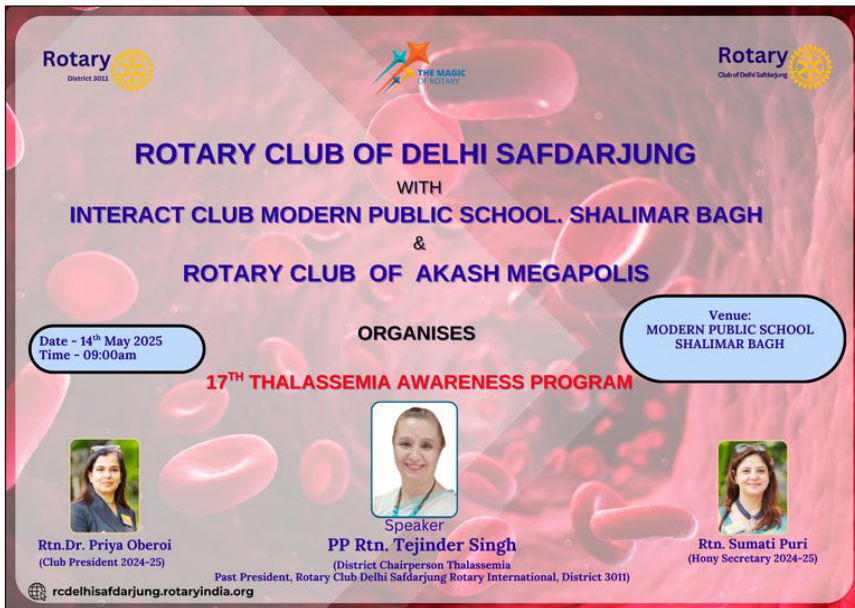
Rtn. Rakesh Kumar
District Interact Co Chair
RID 3011
987 3416687

Rtn. Radhika Backliwal Narain
District New Gen Service Exchange Chair
RID 3011

TOP 10 PROJECTS FOR IGNITE FINALE

Project Title	Name of the Interact Club
Farmbot	DAV Centenary Public School, Paschim Enclave
Road Leveller	DAV Centenary Public School, Paschim Enclave
Smart Tap	Red Roses Public School Saket
ECO Bricks	Maharaja Agarsain Public School
Sight Sathi	The Healing Touch DAV Veda Vyasa
Solar Lantern	GD Goenka Public School, Rohini
Washing Machine	Rotary Public School
The Haptic Jacket	Apeejay School, Pitampura
Agriculture	Modern Public School, Shalimar Bagh
Ambupath	Ramjas School, R.K. Puram

INTERACTION WITH THE INTERACTS



Dear friends

On 06 May 2025, it was delightful to hear the 70-odd 12th grade students of the Arya Yuva Club, Interact Club of Darbari Lal DAV Model School, ND Block, Pitampura (sponsored by RCD Akash Megapolis), as they showed keen interest by showering questions about Thalassemia to the speaker, Rotarian Tejinder Singh. They pledged to get their Thalassemia trait tested and to spread awareness about it through media, skits, poster painting, and communication with their relatives. Gratitude to principal Anupama Sinha, Mrs. Sheetal Rajvanshi, and Mrs. Neeru Kalra for organizing this seminar.



**Warm regards,
Rotarian Tejinder Singh
RI District 3011,
Chair Thalassemia.**



More than 2000 text books (upto class 12th) given by MRV School, Dwarka, were handed over to the principal, Govt Sr Sec School, Tilak nagar

A TRIBUTE TO THE NURSES ON INTERNATIONAL NURSES DAY



The Rotary Club of Delhi Akash Megapolis (RCDAM) marked International Nurses Day with a heartwarming gesture by visiting CK Birla Hospital, Punjabi Bagh, on 12th May to felicitate the nursing staff. In a show of appreciation, the club presented coffee mugs to the dedicated nurses, symbolizing their tireless commitment to healthcare. The hospital's doctors and nursing staff expressed deep gratitude for this thoughtful initiative, which boosted morale and acknowledged the invaluable contributions of these frontline caregivers. This meaningful interaction underscored RCDAM's commitment to recognizing and honoring the selfless service of healthcare professionals.

DENTAL HEALTH - BE FAIR & CARE



On Thursday, May 15th, RCD Akash Megapolis, in collaboration with CK Birla Hospital and Clove Dental, successfully hosted a dental camp at Very Special Arts India, Vasant Kunj. Over 200 students, teachers, and parents benefited from this initiative, gaining valuable insights into basic oral hygiene and care. The students learned about the importance of brushing their teeth twice daily for healthy gums and teeth. The camp's interactive sessions and expert guidance made it an engaging experience for all. We're grateful for the partnership and look forward to future collaborations that promote health and wellness in our community.

KNOW YOUR MEMBERS



Neetu Luthra – Educator, Mentor & Leader

Ms. Neetu Luthra has been a dedicated educator at Modern Public School, Shalimar Bagh, for the past 16 years, where she teaches English with exceptional skill and passion. As the dynamic Incharge of the Interact Club, she exemplifies the spirit of leadership and service, inspiring students to live by the motto "Service Above Self."

A firm believer in leading from the front, Ms. Luthra has received numerous accolades for her impactful teaching and commitment to nurturing young minds. Recognized multiple times as a Best Teacher, her innovative methods and student-centric approach have made her a beloved figure in the academic community.

Her contributions go beyond the classroom. As a Global School Advocate, she has worked extensively in promoting sustainable practices, later rising to the role of Mentor Speaker for ECOSOC and a blog writer for the Green Schools Programme (GSP). Her role as a Best Advocate and Mentor stands testimony to her consistent efforts to drive positive change through education.

Passionate, inspiring, and forward-thinking, Ms. Neetu Luthra continues to shape future leaders with her unwavering dedication and vision.

KNOW YOUR MEMBERS



Kushal Garg is a visionary entrepreneur and COO of Go Retails Sourcing Masters Pvt. Ltd., driving global growth for Indian brands. With operations in Dubai, Australia, and Saudi Arabia, he's helped over 100 brands thrive internationally.

Kushal's strengths lie in simplifying complex global commerce challenges. His asset-light model ensures profitability for SMEs, creating employment opportunities and fostering global competitiveness.

At Rotary, Kushal is known for strategic insight, reliability, and community involvement. His vision is to make India a formidable export force while contributing to community development.

Inspired by family values, Kushal balances his dynamic life with wife Sunidhi and daughter Ayomi, embodying love, resilience, and integrity.

Congratulations



HAPPY TO SHARE THAT IN RECENTLY CONCLUDED 18TH AGM OF FOPE (FEDERATION OF PHARMA ENTREPRENEURS) I HAVE BEEN ELECTED UNANIMOUSLY ONE OF THE SECRETARY OF FOPE. FELICITATION BY PATRON, CHAIRMAN, VICE CHAIRMAN AND PRESIDENT OF FOPE

Save THE date

Club Assembly cum Thanks giving
5th & 6th of July

International Yoga day
Sat, 21 June



1st May – Sunidhi & Kushal

With profound grief we wish to inform all of the sad demise of parents of two of our members. Mother of PP Sandeep Dewan & Father of PP Vikram Sahny and President Sonia Sahny

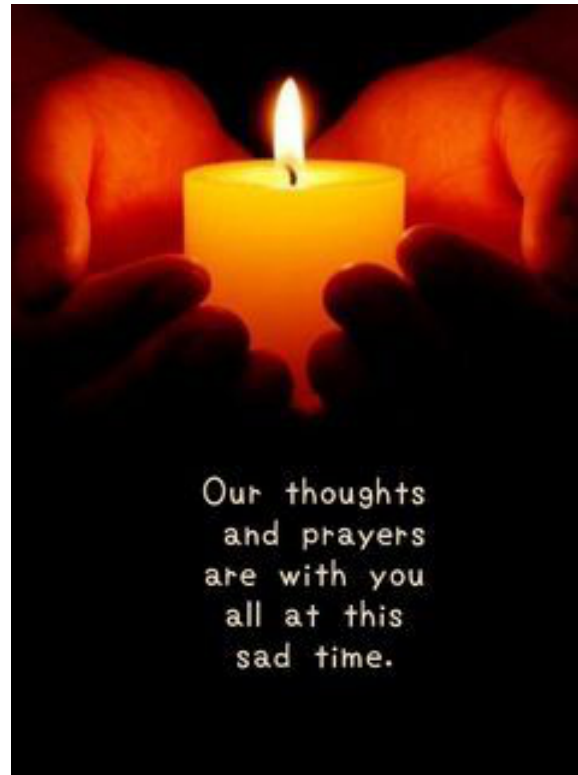
This month, our lives were touched by a profound loss—the passing of my father. His demise felt like losing a piece of ourselves, leaving an unfillable void in our hearts. The grief still lingers, but amidst the sorrow, we're finding solace in cherished memories and the values he instilled in us.

As we navigate this challenging time, Sonia and I want to express our deepest gratitude to each of you for your unwavering support and kindness. Your presence, messages, and thoughts have been a source of strength, a beacon of hope that illuminates our path forward.

In the face of adversity, we've come to realize that it's the lessons we learn and the love we share that truly define us. We're committed to carrying forward his philanthropic legacy, continuing our service to the community, and making a positive impact through Rotary.

Your support means the world to us, and we look forward to working together, inspired by the values and compassion our father embodied.

- PP VIKRAM SAHNY



On behalf of my entire family, I'd like to thank everyone for coming to pay their respects to our beloved mother. She was the pillar of our lives, teaching us values, love, and compassion. Her selflessness and kindness inspired us to be better human beings.

We're grateful for the memories we shared with her—from late-night waits and tearful goodbyes to her unwavering support.

We celebrate her remarkable life, her legacy of love, and the impact she had on so many. We love her from the bottom of our hearts, and may her soul rest in peace.

- PP SANDEEP DEWAN

ROTARY KNOWLEDGE

THE HISTORY OF THE ROTARY BELL

In 1922, U.S. Rotarians organized an attendance contest; the challenge was that the losing clubs would join in giving the winning club a prize. The Rotary Club of New York City was declared the winner and to them was awarded as a prize a bell from a popular patrol boat, which was placed on wood that came from HMS "Victory", Admiral Nelson's vessel at the battle of Trafalgar. Since then, the bell used in Rotary meetings started to represent, as on the ships, order, discipline and the time to guide us through the weekly hour and a half meetings. The bell informs us with its sound the beginning of the Rotary meeting, at which time people present should stand, same as at the end, in order to salute the national and Rotary flags. The gavel symbolizes the authority invested in the Rotarian elected to the highest position in Rotary, and through him/her reminds those present of his/her authority. When presidents transmit their positions to their successors at the end of their mandate, they give the bell their last hit turning the gavel over to their successor, symbolizing the transfer of authority.



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PP AVINASH AGARWAL & ROTARY PARTNER POOJA KHANNA

